IWFM Study time guidance



How much time should you dedicate to your studies?

For every credit of the qualification you will be looking to do 10 hours of both learning and assessment. E.g. the Level 4 Diploma will take 480 hours to complete (a minimum of 48 credits).

Qualification size	Credit value	Estimated total time to complete	Recommend hours per week
Level 2 Certificate	13 credits	130 hours	3 - 6 hours
Level 3 Award	11 credits	110 hours	2- 5 hours
Level 3 Certificate	28 - 33 credits	280 - 330 hours	3 – 6 hours
Level 3 Diploma	48 - 55 credits	480 – 550 hours	5 – 10 hours
Level 4 Award	12-18 credits	120 - 180 hours	2- 5 hours
Level 4 Certificate	24-31 credits	240 - 310 hours	3 – 6 hours
Level 4 Diploma	48 credits	480 hours	5 – 10 hours

The total time will be spread over a two year registration period, how you choose to allocate your time within the two years will determine how quickly it will take your to complete.



Study time guidance

Recommended study hours per week

Depending on the size of qualification you have chosen and how quickly you wish to complete it will determine how many hours per week you should dedicate to studying. Below is a table with the recommended study times depending on what completion time you have as a target.

	Completion time				
Qualification	6 months	1 year	18 months	2 years	
Level 2 Certificate	5 hours	2-3 hours	1-2 hours		
(13 credits)					
Level 3 Award (11 credits)	4-5 hours	2-3 hours	1-2 hours		
Level 3 Certificate (min. 28 credits)	10-11 hours	5-6 hours	3-4 hours	2-3 hours	
Level 3 Diploma (min. 48 credits)	18-19 hours	9-10 hours	6-7 hours	4-5 hours	
Level 4 Award (min. 12 credits)	4-5 hours	2-3 hours	1-2 hours		
Level 4 Certificate (min. 24 credits)	9-10 hours	4-5 hours	3-4 hours	2-3 hours	
Level 4 Diploma (min. 48 credits)	18-19 hours	9-10 hours	6-7 hours	4-5 hours	

